

MEDIA KIT

[MIND METAMORPHOSIS CORP.](#)

Bettermentalhealth.online – Private Online
Counseling **888-833-9465**

Featuring
Colleen Frances Gigante
Licensed Mental Health Counselor, MA



Colleen Gigante, LMHC

Bachelor's Degree - University of North Carolina at Chapel Hill

Master's Degree - Argosy University, Tampa; Concentration in Clinical Mental Health Counseling

“I am looking forward to meeting you and helping you be the change you want to see.”

Colleen's ultimate goal as your therapist is to create a safe place for you to express your thoughts and feelings. Trusting in someone can be very difficult and feeling safe is the foundation of trust. Colleen believes that all people should be treated with empathy, unconditional positive regard and genuineness. No blame. No judgment.

Being a former public-school teacher, Colleen has immense experience of working with children and teens. She is committed to helping today's young people navigate the many challenges of growing up. She also works with families and adults who suffer from issues related to the COVID-19 pandemic.

Childhood Education and Interventions). She's very excited to join you on your journey of healing and self-discovery.



"Everyone needs a safe place where they can express themselves without being blamed or judged."

... Colleen Gigante

Some of these issues may include depression, anxiety, substance abuse, trauma and/or marital issues.

As a US Marine Corp veteran, Colleen is keenly aware of the causes and effects of P.T.S.D. She is passionate about helping servicemen, servicewomen and first-responders with these issues.

Colleen is grateful for her diverse experiences working with different populations in a variety of settings (Nonprofit Organizations, Life Coaching, Crisis Intervention, Early

Colleen is the CEO of Mind Metamorphosis Corp – A Florida Corporation and is available for speaking engagements of up to 100 persons.

Ms. Gigante does not charge to speak to NON PROFITS and other 501 C -3s groups on Zoom or with in 50 miles of TampaBay

Speeches on

Child development

Knowing when your child is being bullied

Relationship problems

Starting Over

The Power of Group therapy

Contact us :

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admin@bettermentalhealth.online

[Complete our Speaker Request Form](#)



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Ms. Gigante is able to speak at causal meeting and Formal ceremonies.

